



# Kamloops Ridge Runners

*Keeping the pace for runners in the Kamloops Area*

**25 YEARS ON THE RUN !!**

## **FUNSTUFF DUATHLON**

### **Sunday, June 24, 2007 9:00 am Start**

- Where:** Dallas Elementary School (296 Harper Drive – Off the East Trans Canada Hwy)
- Race Course:** 5.5 K flat and fast run loop, 35 K out and back cycle on Dallas Drive to Monte Creek Turnoff, same 5.5 K run loop to finish
- Registration:** By mail until Friday, June 15, 2007.  
Registration & Helmet Check, at FunStuff Bike Shop, 3-2106 Flamingo Rd. (250-374-8400) June 18–23rd, 9:30am–5:30pm. Late registration, at Dallas Elementary School June 24<sup>th</sup> till 7:30 am. Race package pick-up, June 22<sup>nd</sup> 9:30am–5:30pm, June 23<sup>rd</sup> 12:00 pm–5:30 pm.
- Awards:** First, Second and Third Place Medals for Each Age Category, (Male and Female, 10 year increments).  
First, Second and Third Place Medals for Team Category.  
First, Second and Third Place Medals for Corporate Team Category.  
All entrants will receive a fantastic gift package.
- What Else:** Besides a great race and awards, you'll get a fun-filled day of music, awesome food at the post-race barbecue, and a chance to win one of two **His and Hers Marin Cruiser Bikes!**

#### **Entry Form**

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **Postal Code:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Gender:**  Male  Female **Age as of Dec. 31, 2007:** \_\_\_\_\_ **Tri BC Membership #** \_\_\_\_\_

**Athlete With A Disability (AWAD)**  Y  N **If yes, please describe** \_\_\_\_\_

<b>Race Fee:</b>	Individual	\$30.00	_____
	Team	\$20.00 each team member (2 or 3)	_____
	Corporate Team	\$20.00 each team member (2 or 3)	_____
	Day of Race Late Fee	(plus \$10.00)	_____
	Insurance	\$10.00 non Tri BC members	_____
	<b>Total:</b>		_____

Cheques payable to Kamloops Ridge Runners, PO Box 958, Kamloops, BC V2C 6H1  
Race information contact Jasper Willisko at 250-372-2783 or willisko@telus.net

**Waiver:** I, the applicant, on behalf of myself, members of my family, my heirs, executors, administrators and assigns, hereby forever release, discharge and hold harmless Triathlon BC (Tri BC), the Kamloops Ridge Runners, FunStuff Recreational Equipment and their representatives and agents, for any injury loss or damage to my person or property, howsoever caused, arising out of or in connection with my taking part in Tri BC, the Kamloops Ridge Runners and FunStuff Recreational Equipment organized events and activities and notwithstanding that the same may have been contributed to or occasioned by the negligence of Tri BC, the Kamloops Ridge Runners, FunStuff Recreational Equipment and their representatives and agents. I acknowledge that I am responsible for the roadworthiness and correct operation of my bicycle and cycle equipment.

**Signature of Competitor:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**(Signature of Parent or Guardian if under 19 years)**

**Name of Witness:** \_\_\_\_\_ **Signature of Witness:** \_\_\_\_\_

**(Separate waiver and registration form required for each team member)**